

2023-2024

Winter Guide

GOODSPORTS



YOUTH & ADULT PROGRAMS

CLINICS • LEAGUES • CLASSES • PARTIES • FACILITY RENTALS

732-681-8898 • 2903 HWY 138 WALL, NJ 07719

WWW.GOODSPORTSUSA.COM



Birthday Parties

★ AT GOODSPO RTS USA ★
CELEBRATE YOUR BIRTHDAY WITH A

SPORTS PARTY

ALL YOU BRING IS YOUR CAKE & GOODIE BAGS!



**SOFT HOCKEY ★ FLAG FOOTBALL ★ WIFFLE BALL
KICKBALL ★ DODGEBALL ★ SOCCER ★ RELAY RACES**

1 Hour of Sports & Play & 1/2 Hour All-You-Can-Eat Pizza Party

- Fun & Energetic Party Staff
- Party Invitations
- Turf Fields
- Spectator Seating
- Sports Equipment
- Party Rooms



LOTS of FUN!

732-681-8898 • www.GoodsportsUSA.com

Call or stop in, reserve your party date & pick up your FREE party invitations!

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SST / EVOLVE / LITTLE DREAMERS / SPONSORS 24/25/26

ALLAIRE COUNTRY DAY CAMP **Inside Back Cover**

WINTER/SPRING ‘23-’24



Follow us on Social Media! @goodsportsusa





2023-2024 HOMESCHOOL GYM CLASSES

**FOCUS: FOR CHILDREN AGES 5-17 YEARS TO BECOME
MORE PHYSICALLY FIT AND TO MEET NEW FRIENDS**

HOMESCHOOL GYM CLASS HIGHLIGHTS:

- Classes are held in our beautiful, climate controlled, indoor facility & outdoor areas (weather permitting)
- A safe and fun environment with our friendly, professional staff
- Open snack bar for food and drinks
- Snack bar for parents & siblings during each class
- Rotate through sports in 20 min. intervals, playing different activities in each station
- Non-competitive sports fun with structure & limited instruction
- 1 to 2 counselors per group
- 4 fun sports played each day
- **7 week sessions!**

**SIGN UP
TODAY!**

KICKBALL • DODGEBALL • BASKETBALL • RELAY RACES
WIFFLE BALL • SOFT HOCKEY • FLAG FOOTBALL • SOCCER

7 WEEK SESSIONS • TUESDAYS • 11AM-1PM

SESSION 1: 10/3, 10/10, 10/17, 10/24, 10/31, 11/7, 11/14

SESSION 2: 11/21, 11/28, 12/5, 12/12, 12/19, 1/2, 1/19 **NO CLASS ON 12/26**

SESSION 3: 1/16, 1/23, 1/30, 2/6, 2/13, 2/20, 2/27

SESSION 4: 3/5, 3/12, 3/19, 3/26, 4/9, 4/16, 4/23 **NO CLASS ON 4/2**

CO-ED AGE GROUPS EACH GROUP IS LIMITED TO THE 1ST 20 CHILDREN
5-7 YEARS • 8-9 YEARS • 10-12 YEARS • 13-17 YEARS

CLASS FEES:

1ST CHILD \$133

2ND CHILD \$105

3RD CHILD \$77

FAMILY CAMP \$350*

* (4 CHILDREN OR MORE THAT
RESIDE IN THE SAME HOUSEHOLD)



**REGISTER ONLINE FOR HOMESCHOOL GYM CLASSES:
WWW.GOODSPORTSUSA.COM**

2023-2024 "NO SCHOOL FUN DAYS"

★ WHEN SCHOOL IS CLOSED...
GOODSPORTS IS OPEN! ★
SIGN UP FOR A DAY OF FUN.

GAMES ★ ARTS & CRAFTS ★ SPORTS

AGE GROUPS

1st to 8th Grade

**Pre-K & Kindergarten aged children can attend
Little Dreamer's Play Cafe Fun Days. Visit:
www.LittleDreamersPlayCafe.com for more info.

FUN DAYS

NJ TEACHERS CONVENTION: November 9 & 10

WINTER RECESS: December 26, 27, 28, 29

MARTIN LUTHER KING JR. DAY: January 15

PRESIDENTS DAY: February 19

SPRING RECESS: April 1, 2, 3, 4, 5

TIMES/FEES

FULL DAY: 7:30am-5:30pm \$90 per child

HALF DAY AM: 7:30am-12:30pm \$70 per child

HALF DAY PM: 12:30pm-5:30pm \$70 per child

Must pay in full at time of registration.

*10% off ~ Sibling Registration

HIGHLIGHTS

- Safe & fun environment
 - Groups are co-ed & separated by grade
 - Low staff to child ratio
 - Friendly and professional staff
 - Many staff members from summer camp
 - Non-competitive sports
 - Fun with structure and instruction
 - Lots of games for all day fun
 - Arts and crafts
 - Open snack bar for food and drinks or bring a brown bag lunch
 - Lunch special \$7 (To be paid in cash the day of)
- Includes: entree, side, bag of chips & drink

**SPACE IS
LIMITED,
SIGN UP
TODAY!**



ADULT SOCCER LEAGUES

- **FREE Shirt for every player**
 - Teams **MUST** wear matching color shirts (provided by Goodsports)
 - Players must be at least 18 years old
 - Games are 47 minutes running time
 - 9 scheduled games - 1 game per week
 - Standings & schedules posted on our website
 - Multiple divisions for competitive games
- Free agent list available online www.Goodsportsusa.com
for all independent players



1ST PLACE: Championship shirts & \$200 credit towards next season

2ND PLACE: \$100 credit towards next season

LEAGUE DIRECTOR: CONNOR HEIL cheil@goodsportsusa.com

MENS OPEN 7V7 LEAGUE

Winter Starts November 29th & 30th • In the Bubble
Spring Starts early March
Time Games between 6:30pm-11:30pm
Day Wednesday/Thursday

TEAM FEE
\$1495
PER TEAM PER SEASON
 +\$20 REF FEES PER TEAM PER GAME

MENS OVER 30 7V7 LEAGUE

GOALIES CAN BE UNDER 30 - PLAYED IN THE BUBBLE

Winter Starts November 28th & 30th
Spring Starts early March
Day/Time Tuesday/Thursday between 6:30pm-11:30pm

TEAM FEE
\$1495
PER TEAM PER SEASON
 +\$20 REF FEES PER TEAM PER GAME

MENS OVER 40 7V7 LEAGUE

GOALIES CAN BE UNDER 40 - PLAYED IN THE BUBBLE

Winter Starts November 28th & 30th
Spring Starts early March
Day/Time Tuesday/Thursday between 6:30pm-11:30pm

TEAM FEE
\$1495
PER TEAM PER SEASON
 +\$20 REF FEES PER TEAM PER GAME

WOMENS 7V7 LEAGUE

Winter Starts November 27th & 29th
Spring Starts early March
Time Games between 6:30pm-10:40pm
Day Wednesday (w/ overflow Mon. 9:30-11) • Green Turf

TEAM FEE
\$1395
PER TEAM PER SEASON
 +\$20 REF FEES PER TEAM PER GAME

ADULT CO-ED 6V6 LEAGUE

2 OF 6 PLAYERS ON THE FIELD MUST BE FEMALE

Winter Starts November 28th & December 3rd
Spring Starts early March
Day/Time Sundays between 12:00-10:40pm
 Tuesdays between 6:30-10:40pm

TEAM FEE
\$1395
PER TEAM PER SEASON
 +\$20 REF FEES PER TEAM PER GAME

TO REGISTER A TEAM: A \$100 NON-REFUNDABLE deposit & completed "team registration" **MUST** be submitted.
NO VERBAL REGISTRATIONS! All league fees **MUST** be paid in full by the 1st game.

U14 7v7 SOCCER LEAGUES

HIGH LEVEL U13 TEAMS WILL BE ACCEPTED

- Players born in 2010 & 2011 welcome
- Played on indoor climate controlled fields
- All teams guaranteed 7 scheduled games
- Games are 47 minutes running time
- Teams must wear matching shirts provided by Goodsports
- Teams must have an adult coach at all games
- League play 7v7 (6 field players + goalie)
- Trophy awarded to championship team

LEAGUE DIRECTOR: ANDREW ENGLISH aenglish@goodsportsusa.com

U14 BOYS LEAGUE • 7 GAME SEASON

ONLY TAKING 1ST 8 TEAMS TO REGISTER

Dates Starts December 2nd in the bubble (No Games 12/23 or 12/30)

Day/Time Saturdays • Games between 8am-11:30am

TEAM FEE
\$1295

PER TEAM PER SEASON
+\$20 REF FEES PER TEAM PER GAME



U14 GIRLS LEAGUE • 7 GAME SEASON

ONLY TAKING 1ST 8 TEAMS TO REGISTER

Dates Starts December 3rd on the green turf (No Games 12/24 or 12/31)

Day/Time Sundays • Games between 8am-11:30am

HIGH SCHOOL SOCCER LEAGUES

- Played on indoor turf in the bubble
- Guaranteed 9 scheduled games
- 7 regular season games & 2 weeks of playoffs
- Leagues play 7v7 (6 field players + goalie)
- JV & Varsity games are once a week on either day
- Teams play 47 minute games with running time
- Standings & schedules posted on website
- All teams need an adult coach at all games
- FREE shirt for all players - must wear to every game
- Trophy for championship teams

VARSITY & JV DIVISIONS WILL BE FORMED IF NEEDED

Extended season (with byes) runs throughout the Winter from December to mid March

LEAGUE DIRECTOR: ANDREW ENGLISH aenglish@goodsportsusa.com



TEAM FEE
\$1495

PER TEAM PER SEASON
+\$20 REF FEES PER TEAM PER GAME

MULTI-TEAM DISCOUNT
IF TEAM IS FROM SAME SCHOOL OR CLUB,
\$100 OFF 2ND TEAM
CANNOT COMBINE DISCOUNTS

BOYS LEAGUES

Dates Starts December 5th & 6th
Time Games between 4:00pm-7:00pm
Day Tues. & Wed. (1 game per week)
w/ overflow Mondays

GIRLS LEAGUES

Dates Starts December 7th
Time Games between 4:00pm-7:00pm
Day Thursdays
w/ overflow Mondays

TO REGISTER A TEAM: A \$100 NON-REFUNDABLE deposit & completed "team registration" MUST be submitted. NO VERBAL REGISTRATIONS! All league fees MUST be paid in full by the 1st game.

ONLINE REGISTRATION - WWW.GOODSPORTSUSA.COM 732-681-8898

PG. 7



Winter Break STRIKER & GOALKEEPER CLINIC

INTERMEDIATE to ADVANCED PLAYERS - THIS IS NOT FOR BEGINNERS!

DECEMBER 27TH, 28TH & 29TH (WINTER BREAK - SCHOOL CLOSED!)

Day/Time Wednesday, Thursday, Friday @ 9AM-12PM

Ages 8-14 year old boys & girls

Fields Played in the bubble & on green indoor turf field

\$180
PER PLAYER

STRIKER

(Only taking 1st 40 players)

- Ingredients of successful 1v1 play
- Improving chances on breakaways
- Scoring off set pieces
- Combination play inside attacking
- Small sided games for finishing
- Exercise to add velocity to your shots
- Striking a ball from long distance
- Shooting under pressure

GOALKEEPER

(Only taking 1st 10 goalies)

- Challenging the shooter
- Distribution & positioning
- Cutting down the angles
- Proper stance & catching
- Shot blocking techniques



One Day STRIKER & GOALKEEPER CAMPS

COACHED BY SOCCER SPECIFIC TRAINING

Day/Time Monday 9AM-12PM

Ages U8-U12 Boys and Girls

Travel Level Players - NO Recreation Players

Fields Played in the bubble & on green indoor turf field

\$90
PER PLAYER
PER CAMP DAY

CAMP 1: MONDAY, JANUARY 15TH (SCHOOL CLOSED MLK DAY!)

CAMP 2: MONDAY, FEBRUARY 19TH (SCHOOL CLOSED PRESIDENT'S DAY!)

STRIKER

(Only taking 1st 30 players)

- Ingredients of successful 1v1 play
- Improving chances on breakaways
- Scoring off set pieces
- Combination play inside attacking
- Small sided games for finishing
- Exercise to add velocity to your shots
- Striking a ball from long distance
- Shooting under pressure

GOALKEEPER

(Only taking 1st 10 goalies)

- Challenging the shooter
- Distribution & positioning
- Cutting down the angles
- Proper stance & catching
- Saves
- Shot blocking techniques



Soccer Specific Training
EST. 2009

LEARN FROM THE BEST COACHES AT THE JERSEY SHORE!



Soccer Specific Training
EST. 2009

DIRECTOR: MIKE TURTLE Owner SST & Former Pro-Player
USSF Certified coaches will be working with the children.
No volunteers will be used.



WWW.SOCCERSPECIFICTRAINING.COM

SKILLS & DRILLS SOCCER CLINIC

7 WEEK CLINIC • 1 HOUR SESSIONS • DESIGNED FOR THE BEGINNER PLAYER

FREE SHIRT FOR ALL PLAYERS • BRING A SIZE 4 BALL

4 TO 6 YEAR OLD BOYS & GIRLS

Entry level technical skill development with focus on passing, receiving, shooting & dribbling

7 TO 10 YEAR OLD BOYS & GIRLS

Taking your technical & tactical skill to the next level with emphasis on game fundamentals

\$175

PER PLAYER/ PER SESSION



FRIDAY CLINIC

4PM - 4-6 YEAR OLD BOYS & GIRLS

5PM - 7-10 YEAR OLD BOYS & GIRLS

WINTER I: December 1-January 26
(No Session 12/22 & 12/29)

WINTER 2: February 2-March 15

SUNDAY CLINIC

10:45-11:45AM • 6-9 YEAR OLD BOYS & GIRLS*

*Players split into groups by age

WINTER I: December 3-January 28
(No Session 12/24 & 12/31)

WINTER 2: February 4-March 17

FUTURE STARS SOCCER CLINIC

BEGINNER LEVEL • FREE T-SHIRT • INDOOR TURF ARENA
PARTICIPATION AWARD • BRING A SIZE 3 SOCCER BALL

*Any player 5 years old that has not completed 1 munchkin season should register.

*Any 4 or 5 year olds are also welcome to play in our Winter Recreation League

The Future Stars program is designed to introduce soccer to younger children in a fun, non-competitive atmosphere. The focus is to work on the fundamental skills of the game like passing, dribbling, and teamwork.

- State-of-the-art indoor turf arena
- Scrimmage played at the end of each session
- Individual awards for all players

\$168

PER PLAYER/ PER SESSION

LIMITED SPOTS!

SUNDAY CLINIC

10:00-10:45AM • 7 WEEKS

AGES: 3-5 YEAR OLD • BOYS & GIRLS

WINTER I: December 3-January 28
(No Session 12/24 & 12/31)

WINTER 2: February 4-March 17



ONLINE REGISTRATION - WWW.GOODSPORTSUSA.COM 732-681-8898

PG. 9

LEARN FROM THE BEST COACHES AT THE JERSEY SHORE!



Soccer Specific Training
EST. 2009



College players, coaches, SST soccer trainers & Evolve Soccer trainers

WWW.SOCCERSPECIFICTRAINING.COM

WWW.EVOLVESOCCERNJ.COM



ELITE SOCCER TRAINING

WITH SST SOCCER SPECIFIC TRAINING & EVOLVE SOCCER

INTERMEDIATE TO ADVANCED PLAYERS ONLY THIS IS NOT A BEGINNER CLASS!

ACADEMY HIGHLIGHTS:

- Players will rotate through multiple stations:

Station 1: SST soccer instruction focusing on a different topic each week

Station 2: Shooting & finishing

Station 3: Individual foot skill training

Station 4: EVOLVE Speed & Agility training

Class ends with small sided scrimmages

- Our "total soccer training" will take you to the next level!
- Expect high level competition and top notch trainers
- Low camper to instructor ratio of 10:1
- 7 Weeks • Played on multiple turf fields

Session 1: December 1st-January 26th (No Session 12/22 or 12/29)

Session 2: February 2nd-March 15th

Day/Time: Fridays • 4:15-6PM

Age/Level: 8-13 year old boys & girls • (groups formed by age/skill) **NOT a beginner class!**

\$273

PER PLAYER/ PER SESSION

FREE SHIRT

FOR EVERY PLAYER

TEAMS WELCOME!

Players from same team will be grouped together.
For full teams of 12 or more,
contact Andrew English
for a team discount.

TURF RENTALS

THE NICEST INDOOR TURF FIELDS IN THE STATE!

• CLIMATE CONTROLLED

• SAFE & CLEAN

• FULL OR HALF FIELD AVAILABLE

• ALL SPORTS WELCOME

• PRIVATE & TEAM TRAINING

• FIRST COME - FIRST SERVE BASIS

**WE ALSO OFFER FACILITY RENTALS.
GREAT FOR ANY EVENT OR OCCASION!**

BOOK TODAY!

732-681-8898

Contact Danny Pepe for details:
dpepe@goodsportsusa.com

5V5 YOUTH TRAVEL LEAGUE

HIGHLIGHTS:

- Games played on new turf field in the bubble
- Leagues are played 5v5 (4 field players + goalie)
- Maximum roster of 15 players
- Small sided games for teams to improve technically & tactically
- 40 minute games - two 20 minute halves
- More touches on the ball and quicker decision making
- Professionally managed league
- Schedules & standings posted on our website
- Teams must supply & wear matching color shirts or uniforms
- Players cannot play on 2 teams in same division - unless it is a goalie
- First place awards for each player and coach

LEAGUE DIRECTOR: ANDREW ENGLISH aenglish@goodsportsusa.com



SESSION 1 • 7 WEEK TRAVEL LEAGUE • BOYS & GIRLS • U8 - U13

Dates 12/3, 12/10, 12/17, 1/7, 1/14, 1/21, 1/28 (No Games 12/24 & 12/31)
Time Games between 8:00am-4:00pm
Day Sundays

\$795
FEE PER TEAM
+\$20 REF FEES PER TEAM PER GAME

SESSION 2 • 7 WEEK TRAVEL LEAGUE • BOYS & GIRLS • U8 - U13

Girls 2/3, 2/10, 2/17, 2/24, 3/2, 3/9, 3/16
U8-U13 • Saturdays • 8AM-3PM
Boys 2/4, 2/11, 2/18, 2/25, 3/3, 3/10, 3/17
U8-U13 • Sundays • 8AM-4:00PM

\$995
FEE PER TEAM
+\$20 REF FEES PER TEAM PER GAME

REGISTER EARLY!

ONLY TAKING 1ST 8 TEAMS PER AGE GROUP!
SPOTS LIMITED WITH WAITING LISTS EVERY YEAR.

DUE TO PARKING ISSUES AND FACILITY CAPACITY, ONLY 2 SPECTATORS PER PLAYER WILL BE PERMITTED.



LEAGUE
Discounts

Offers cannot be combined.

SAVE \$100 per team if your team splits in two.
SAVE \$100 per team if your team registers for both sessions.
Split your team into two groups & we will schedule games back to back!
Get your players more game time & SAVE money!

TO REGISTER A TEAM: A \$200 NON-REFUNDABLE deposit & completed "team registration" MUST be submitted.

All league fees MUST be paid in full by the 1st game for session 1. Session 2 must be paid in full by 12/31.

ONLINE REGISTRATION - WWW.GOODSPORTSUSA.COM 732-681-8898

PG. 11

RECREATION SOCCER LEAGUES

HIGHLIGHTS:

- Team shirts & individual awards for each player
- Guaranteed 7 games
- Games are 40 minutes each with two 20 minute halves
- Sign up as a team, with friends, or as an individual player!
- **Non-Competitive league - NO MOSA or travel players!**
If you played on ANY travel team, you CANNOT register for rec soccer.
- 6v6 (5 players + goalie) older players
- 7v7 (6 players + goalie) younger players
- Games every other week
- Fast paced action, lots of touches on the ball!
- No off-sides, no standings or playoffs
- Teams down by more than 4 goals are allowed 1 extra player on the field!

\$140
PER PLAYER
INCLUDES T-SHIRT
AND REF FEES



LEAGUE DIRECTOR: AMANDA BAILONI info@goodsportsusa.com

Dates Teams play every other week following schedule 1 or 2 (T.B.D.) 7 game schedule
* Cannot request schedule. This is a league decision based on number of teams.
Schedule 1: 12/9, 12/23, 1/13, 1/27, 2/10, 2/24, 3/9 (no games 12/30)
Schedule 2: 12/16, 1/6, 1/20, 2/3, 2/17, 3/2, 3/16

Day Saturdays

Time Game times between 8:00AM-12:00PM

Ages Pre-K to 3rd Grade - Boys & Girls (MUST be 4 years or older)

ALL REGISTRATIONS MUST BE COMPLETED BY 12/1

| BOY'S PRE-K*/KINDERGARTEN | GIRL'S PRE-K*/KINDERGARTEN |
|---------------------------|----------------------------|
| BOY'S 1ST GRADE | GIRL'S 1ST GRADE |
| BOY'S 2ND GRADE | GIRL'S 2ND GRADE |
| BOY'S 3RD GRADE | GIRL'S 3RD GRADE |

TEAMS ORGANIZED BY GRADE LEVEL & GENDER - NO EXCEPTIONS
WE RESERVE THE RIGHT TO ADJUST ANY AGE GROUP, START DATE OR TIME.

- Team's age group/division based on the oldest players on its' roster
- We make every effort to make all divisions and teams evenly based
- Leagues may have co-ed divisions based on enrollment (co-ed teams play in the boys' division)
- Groups registering as a team must have a minimum of 10 players
- Teams/groups with less than 10 players may have additional players added
- Goodsports will provide a program supervisor at all games along with a referee.

• PARENT VOLUNTEER COACHES NEEDED!

**ALL PLAYERS ARE ENCOURAGED TO REGISTER FOR SKILLS AND DRILLS OR
FUTURE STARS SOCCER CLINICS TO PRACTICE FOR RECREATION LEAGUE.**

WANT YOUR PLAYER TO BECOME AN ACADEMY PLAYER?



Soccer Specific Training
EST. 2009



**U.S. SOCCER
DEVELOPMENT
ACADEMY**

LEARN FROM THE BEST COACHES AT THE JERSEY SHORE!

Soccer Specific Training assists with the development of youth players ages 8 to 18. Our aim is to have each player as comfortable as possible with a soccer ball at their feet, using the most specific & innovative coaching techniques in the game today. www.SOCCERSPECIFICTRAINING.com

MIKE TURTLE: Former Pro-Player, USSF B Lic., NSCAA Premier Lic., NSCAA National Diploma, NSCAA reg. staff member, English FA Cert., Rider University Mens Asst. Coach, Head Dev. Trainer Wall Soccer Club

CONNOR HANSEN: Brookdale college coach, voted top 30 coaches under 30 years old

ZACK SAVACOL: Manasquan High School coach

NICK CHAPPELL: USSF trained coach for over 10 years

SEMI PRIVATE SOCCER TRAINING

7 WEEK CLINICS / 1 HOUR SESSIONS

Designed for the most serious & dedicated player.

\$245

PER PLAYER/ PER SESSION

- Intense training sessions specifically designed to improve all aspects of your game within your own age group & competitive level
- Classes will be separated by birth year
- Low player to coach ratio (1:9) allows more personal training
- Focus on technical training combined with small sided games

***Players may only attend the class they are registered for. Missed classes will not be made up.**

MONDAY 2016-2015@5PM | 2014-2012@6PM | 2011-2010@7PM | 2009-2008@8PM

SESSION 1: 11/27, 12/4, 12/11, 12/18, 1/8, 1/15, 1/22 (NO SESSION 12/25 & 1/1)

SESSION 2: 1/29, 2/5, 2/12, 2/19, 2/26, 3/4, 3/11

TUESDAY 2017-2016@5PM | 2015-2013@6PM | 2012-2011@7PM | 2010-2009@8PM

SESSION 1: 11/28, 12/5, 12/12, 12/19, 1/9, 1/16, 1/23 (NO SESSION 12/26 & 1/2)

SESSION 2: 1/30, 2/6, 2/13, 2/20, 2/27, 3/5, 3/12

WEDNESDAY 2017-2016@5PM | 2015-2013@6PM | 2012-2011@7PM | 2010-2009@8PM

SESSION 1: 11/29, 12/6, 12/13, 12/20, 1/10, 1/17, 1/24 (NO SESSION 12/27 & 1/3)

SESSION 2: 1/31, 2/7, 2/14, 2/21, 2/28, 3/6, 3/13

SATURDAY 2017-2016@10AM | 2015-2013@11AM | 2012-2011@12PM | 2010-2009@1PM

SESSION 1: 12/2, 12/9, 12/16, 1/6, 1/13, 1/20, 1/27 (NO SESSION 12/23 & 12/30)

SESSION 2: 2/3, 2/10, 2/17, 2/24, 3/2, 3/9, 3/16

SUNDAY 2017-2016@12PM | 2015-2013@1PM | 2012-2011@2PM | 2010-2009@3PM

SESSION 1: 12/3, 12/10, 12/17, 1/7, 1/14, 1/21, 1/28 (NO SESSION 12/24 & 12/31)

SESSION 2: 2/4, 2/11, 2/18, 2/25, 3/3, 3/10, 3/17

LACROSSE CLINICS

CLINICS WILL BE STAFFED BY LOCAL COLLEGE COACHES AND PLAYERS.

INTRO TO LACROSSE "FOR THE TOTAL BEGINNER"

INTRODUCTION TO LACROSSE WITH INSTRUCTIONAL PLAY

For both boys & girls - Introduction to lacrosse is for the beginner player.

The focus of this course is to have fun in a non-competitive atmosphere. Players will work on the basic fundamentals of the game of lacrosse. There will be an emphasis on basic skills: learning to pass, catch & scoop through small group instruction with various drills and game situations. This course is designed to provide the skills necessary to master the basics of lacrosse.

CLASS AGENDA:

- Players are separated by age and ability
- 25 minutes learning -Drills & Fundamentals
- 30 minutes small sided game experience
- 5 minute coach wrap up

AGES/TIMES:

K to 4th grade boys & girls • 4:15-5:15PM

5th to 10th grade boys & girls • 5:15-6:15PM

SESSION 1: Thursdays • 11/30, 12/7, 12/14, 12/21, 1/4, 1/11, 1/18 (NO SESSION 12/28)

SESSION 2: Thursdays • 1/25, 2/1, 2/8, 2/15, 2/22, 2/29, 3/7

7 WEEK CLINIC * SPOTS ARE LIMITED - SIGN UP EARLY *

We reserve the right to adjust any age group, start date or time.

\$175

PER PLAYER/ PER SESSION

FREE SHIRT

**No equipment required.
Just bring a lacrosse stick!**



LACROSSE SKILLS & SCRIMMAGES

(THE NEXT STEP AFTER INTRO TO LACROSSE)

- Great way to put skills into game play
- Indoor climate controlled turf arena
- Each week there will be instruction then players are split into teams for instructional scrimmage game play
- Register with teammates, friends or on your own

7 WEEK CLINIC • TUESDAY CLASSES • 3RD-8TH GRADE BOYS & GIRLS

TIMES: Girls 4:15-5:15pm • Boys 5:15-6:15pm

SESSION 1: 11/28, 12/5, 12/12, 12/19, 1/2, 1/9, 1/16 (NO SESSION 12/26)

SESSION 2: 1/23, 1/30, 2/6, 2/13, 2/20, 2/27, 3/5

We reserve the right to adjust any age group, start date or time.

\$189

PER PLAYER/ PER SESSION

FREE SHIRT

**FULL EQUIPMENT
IS REQUIRED.**

FULL EQUIPMENT NEEDED:

Girls: stick, goggles, mouthpiece

Boys: stick, helmet, mouthpiece, chest protector, shoulder pads, elbow pads, cup

BOYS LACROSSE LEAGUES

PLAYED ON TURF ARENA • BALLS PLAYED OFF WALLS ARE STILL IN!

HIGHLIGHTS:

- FREE shirt for all players - must wear to every game
- All games played on new turf arena
- Guaranteed 9 scheduled games with certified referees
7 regular season games & 2 weeks of playoffs
- Games scheduled on 50 min. time slots
- Teams MUST supply coaches. Max 3 coaches per team.
- **Teams MUST have a minimum of 11 players**
- 7v7 formation - Field rules apply so there are off sides.
- Netting around the arena is out of bounds
- NO body checking
- Fastbreak penalty.
Players coming on must stay in the box until the whistle is blown.
The player who was penalized must stay off for the full penalty time.
- Awards for championship team

\$125
PER PLAYER
+\$40 REF FEES
PER TEAM PER GAME

**INDIVIDUALS &
FULL TEAMS WELCOME!**

For registration questions, contact jpetrillo@goodsportsusa.com

BOYS 3RD/4TH GRADE LEAGUES

Date Starts December 3rd
Day Sundays
Times Games between 5:00pm-8:30pm

Any teams with more than 13 players, contact jpetrillo@goodsportsusa.com



BOYS LACROSSE LEAGUES

ALL LEVELS WELCOME FOR ALL LEAGUES! TEAMS & INDIVIDUALS WELCOME

HIGHLIGHTS:

- FREE shirt for all players - must wear to every game
- All games played in the bubble for all age groups
- Guaranteed 9 scheduled games with certified referees
7 regular season games & 2 weeks of playoffs
- Scheduled on 50 min. time slots w/ two 20 min. halves & halftime
- Following US Lacrosse modified rules for indoor
- Ref fees are divided by amount of players on a team
- NO DROP-INS must register for a full season to be placed on a team
- Players cannot play on 2 teams in same division (except goalies)
- Divisions will be formed at the league director's discretion
- **MINIMUM 12 PLAYERS PER TEAM**

**** Multi-team discount available****

**If over 16 players, see Joe for discounted pricing
Contact the league director, Joe Petrillo.**

- All teams need an adult coach on the player bench at all games
- 7th/8th and high school **MUST** wear turf shoes to take face off
- Championship teams will receive awards

Contact league director before start of season if your team needs additional players.

CONTACT LEAGUE DIRECTOR, JOE PETRILLO jpetrillo@goodsportsusa.com



BOYS HIGH SCHOOL (JV & VARSITY DIVISIONS)

HIGH SCHOOL LEAGUE ENDS BEFORE MARCH 1ST

- **REGULAR HIGH SCHOOL RULES APPLY**
- **GAMES PLAYED 8V8 (2,3,2 FORMATION) IN THE BUBBLE**

Date Starts December 2nd/3rd - ONE GAME A WEEK
Day/Times Saturdays between 11:30am-9:30pm
Sundays between 3pm-9:30pm

\$175
PER PLAYER

**+\$40 REF FEES PER TEAM PER GAME
W/ MINIMUM 12 PLAYERS**

BOYS YOUTH 8V8 LEAGUES

- **GAMES PLAYED 8V8 (2,3,2 FORMATION)**

5TH/6TH GRADE

Date Starts December 2nd
Day/Times Saturdays between 11am-7:30pm
Games in late Jan. through March will be played after 3pm

7TH/8TH GRADE

Date Starts December 1st
Day/Times Fridays between 6pm-9:30pm
w/ overflow on Saturdays if needed

\$150
PER PLAYER

**+\$40 REF FEES PER TEAM PER GAME
W/ MINIMUM 12 PLAYERS**

NO VERBAL REGISTRATIONS! All players MUST be paid in full before the 1st game.

MENS "BOX" LACROSSE LEAGUES

FAST PACED ACTION ON NEW TURF ARENA WITH BOARDS.

A GREAT WAY TO SHARPEN YOUR SKILLS & HAVE FUN!

HIGHLIGHTS:

- "Box" lacrosse is a more flowing game
- Music, scorekeeper & certified referees at every game
- Games scheduled on 50 minute time slots
- League standings posted on website - 1st Place Trophy!
- Played 6v6 (5 field players + goalie)
- Guaranteed 9 scheduled games
- 30 sec shot clocks displayed @ both ends of the field
- NO Long Poles
- NO DROP-INS must register for a full season to be placed on a team
- **FREE league pinnie**
- Shirts for championship team

ALL LEVELS WELCOME FOR ALL LEAGUES!

TEAMS & INDIVIDUALS WELCOME

TEAMS MUST HAVE A MINIMUM OF 9 PLAYERS

Contact League Director: jpetrillo@goodsportsusa.com

FULL EQUIPMENT NEEDED. GOALIES NEED FULL GEAR. stick (no long poles), gloves, helmet with mask, elbow pads, rib pads, bicep protector pads, mouthguard, shoulder pads, cup/supporter, cleats or sneakers.

• All players will be required to pay an additional fee to cover referee fees each game.

MENS "BOX" LEAGUE (PLAYERS MUST BE 18+)

| | |
|-----------------|---------------------|
| Winter 1 | Starts November 8th |
| Winter 2 | Starts mid January |
| Spring | Starts Late March |
| Day | Wednesdays |
| Time | 7:30pm-10:30pm |

\$150

PER PLAYER PER SEASON

*+\$40 REF FEES PER TEAM PER GAME

**GOALIES PLAY FREE
IN ALL BOX LEAGUES**

cannot play the field & need own equipment



NO VERBAL REGISTRATIONS! All players MUST be paid in full before the 1st game.

ONLINE REGISTRATION - WWW.GOODSPORTSUSA.COM 732-681-8898

PG. 17

GIRLS LACROSSE LEAGUES

PLAYED ON INDOOR CLIMATE CONTROLLED GREEN TURF FIELDS

HIGHLIGHTS:

- FREE shirt for all players - must wear matching jersey to every game
- Games played 7v7 (6 field players + goalie)
- All teams guaranteed 9 scheduled games with certified referees
7 regular season games & 2 weeks of playoffs
- Games scheduled on 50 minute time slots
- Players cannot play on 2 teams in same division (except goalies)
- All teams need an adult coach on the player bench at all games
- Following US Lacrosse modified rules for indoor
- Ref fees are divided by amount of players on a team
- Goalies initiate play after goals are scored, draws occur only after the start of the game / 2nd half.
- Shirts for championship team

ALL LEVELS WELCOME FOR ALL LEAGUES!

TEAMS & INDIVIDUALS WELCOME!

TEAM PRICING & MULTI-TEAM DISCOUNTS AVAILABLE.

MUST HAVE A MINIMUM OF 11 PLAYERS (IF REGISTERING AS A TEAM)

Teams with more than 14 players should contact league director for discounted pricing

Contact League Director: jpetrillo@goodsportsusa.com

GIRLS HIGH SCHOOL (JV & VARSITY DIVISIONS)

HIGH SCHOOL LEAGUE ENDS BEFORE MARCH 1ST

• REGULAR HIGH SCHOOL RULES APPLY

| | |
|--------------|----------------------|
| Date | Starts November 29th |
| Day | Wednesdays |
| Times | Between 4-7PM |

\$175

PER PLAYER
+\$40 REF FEES
PER TEAM PER GAME



NO VERBAL REGISTRATIONS! All players MUST be paid in full before the 1st game.

FIELD HOCKEY LEAGUES

PLAYED ON BEAUTIFUL INDOOR CLIMATE CONTROLLED TURF FIELDS

HIGHLIGHTS:

- All leagues guaranteed 9 scheduled games
- Teams play 47 minute games with running time
- All leagues play 7v7 (6 field players + goalie)
- Standings & schedules posted on website
- FREE shirt for all players. MUST wear to every game
- Ref fees are divided by amount of players on a team
- Awards for all championship teams

**GOALIES
PLAY FREE!**

Goalies cannot play
the field & need
own equipment

ALL LEVELS, TEAMS & INDIVIDUALS WELCOME FOR ALL LEAGUES!

MUST HAVE A MINIMUM OF 10 PLAYERS (IF REGISTERING AS A TEAM)

Teams with more than 14 players should contact league director for discounted pricing

Contact League Director: jpetrillo@goodsportsusa.com

GIRLS 6TH-8TH LEAGUE

• VOLUNTEER COACHES NEEDED!

• GOALIES NEEDED FOR LEAGUE!

• Players that come in as a team or want to be kept together with friends MUST put team name or friends names in the comment section of online registration form

Date Starts November 28th or 30th
Day Tuesdays or Thursdays - ONE GAME A WEEK
Time 5:00PM-7:30PM

\$175

PER PLAYER

+\$40 REF FEES PER TEAM PER GAME



GIRLS HIGH SCHOOL LEAGUE

• EXTENDED WINTER SEASON (WITH BYES) ENDS LATE FEBRUARY/EARLY MARCH

• ALL TEAMS NEED AN ADULT COACH AT ALL GAMES

Date Starts Week of November 27th - ONE GAME A WEEK
Day/Times Monday, Tuesday or Thursday
Time 4:00PM-7:00PM
Divisions Varsity & JV

\$175

PER PLAYER

+\$40 REF FEES PER TEAM PER GAME



WOMENS OPEN LEAGUE

• TEAM MUST PROVIDE GOALIE AND EQUIPMENT

Winter Starts November 30th
Spring Starts Late February / Early March
Day/Time Thursdays between 6:30PM-10:30PM

\$150

PER PLAYER

+\$40 REF FEES PER TEAM PER GAME



NO VERBAL REGISTRATIONS! All youth & high school league fees **MUST** be paid in full before the 1st game.

All womens league fees **MUST** be paid in full by week 2 of the season.

ONLINE REGISTRATION - WWW.GOODSPORTSUSA.COM 732-681-8898

PG. 19

FIELD HOCKEY

JERSEY INTENSITY STAFF CONSISTS OF HIGH LEVEL COACHES & ALL-AMERICAN PLAYERS



SEMI PRIVATE TRAINING

(MUST have at least 1 to 2 years of clinical or school experience)

- Low player to instructor ratio
- Not for total beginners
- Sessions cover all aspects of the game
- **Field players only - NO GOALIES**
- Emphasis on fast stick skills & techniques
- Attention to detail during the 6 weeks
- Very personal training environment
- No make ups for missed classes

THURSDAYS • 6 WEEK SESSION • 1 HOUR PER WEEK

GRADES 6-8: @ 5PM-6PM

GRADES 6-8: @ 7PM-8PM

GRADES 6-8: @ 6PM-7PM

GRADES 9-12: @ 8PM-9PM

SESSION 1: 11/30, 12/7, 12/14, 12/21, 1/4, 1/11 (No session 12/28)

SESSION 2: 1/18, 1/25, 2/1, 2/8, 2/15, 2/22

SUNDAYS • 6 WEEK SESSION • 1 HOUR PER WEEK

GRADES 6-8: @ 8AM-9AM

GRADES 9-12: @ 10AM-11AM

GRADES 6-8: @ 9AM-10AM

SESSION 1: 12/3, 12/10, 12/17, 1/7, 1/14, 1/21 (No session 12/24 & 12/31)

SESSION 2: 1/28, 2/4, 2/11, 2/18, 2/25, 3/3

\$225

PER PLAYER
PER SESSION



WINTER BREAK FIELD HOCKEY MINI CAMP

WINTER BREAK - SCHOOL'S CLOSED!

DATE Wed., Thurs. & Fri. • December 27th, 28th, 29th

TIMES 12:30PM-3:30PM

AGES 3rd-12th Grade

\$180

PER PLAYER

HIGHLIGHTS:

- Goalkeepers & field players ~ **ALL LEVELS WELCOME!**
- Players and goalkeepers are grouped according to age & ability
- Instruction on dribbling, dodging, tackling, stopping & shooting
- Scrimmages with game play instruction each day
- Played on beautiful climate controlled indoor turf field
- Goalkeepers work on techniques and decision making skills
- Goalies **MUST** note "goalie" in comment section of online registration
- Goalies **MUST** provide their own equipment

FIELD HOCKEY

REQUIRED EQUIPMENT: STICK, GOGGLES, MOUTH PIECE, SHIN GUARDS, CLEATS OR SNEAKERS

INTRO TO FIELD HOCKEY FOR THE BEGINNER PLAYER

CLINIC HIGHLIGHTS:

- Staff: local college & high school coaches & players
- FREE shirt for all players
- 7 week instructional clinic
- Played on our indoor climate controlled turf arena
- Learn the basic fundamentals of the game
- Have fun while learning in a non-competitive environment
- Clinic will focus on: dribbling, dodging, tackling & stopping

Session 1 11/27, 12/4, 12/11, 12/18, 1/8, 1/15, 1/22 (No class 12/25 & 1/1)

Session 2 1/29, 2/5, 2/12, 2/19, 2/26, 3/4, 3/11

Day Mondays • beginner players only - split up by age

Ages 3rd to 10th grade

Times 4:15pm - 5:15pm • 5:15pm - 6:15pm

\$175
PER PLAYER



Visit www.achicwithstix.com for great field hockey gear.

FIELD HOCKEY SKILLS & SCRIMMAGES

EXPERIENCE REQUIRED - MUST HAVE SOME FIELD EXPERIENCE - NOT A BEGINNER PROGRAM

ONLY ACCEPTING 24 PLAYERS IN EACH CLASS

- Clinic will be staffed by local college coaches & players
- 7 week instructional league
- Played on our indoor climate controlled turf arena
- Great way to learn or improve your game
- Each week there will be instruction, then players will be split into teams for instructional scrimmage game play
- Register with teammates, friends or on your own

Session 1 11/29, 12/6, 12/13, 12/20, 1/3, 1/10, 1/17 (No class 12/27)

Session 2 1/24, 1/31, 2/7, 2/14, 2/21, 2/28, 3/6

Day/Time Wednesdays • 4:15pm - 5:15pm

Ages 5th to 10th grade • split up by age & skill level

\$189
PER PLAYER
FREE PINNIE

**LIMITED
SPOTS!**



FOOTBALL ACADEMY

CAMP HAS SOLD OUT FOR 14 YEARS STRAIGHT! SIGN UP EARLY!



OUR 17TH YEAR RUNNING!

DIRECTOR: COACH FRED SPRENGEL

- GoodSports football academy director since 2007
- 32 years experience at High School & Collegiate levels
- High school head coach for 11 years
- 6 state playoff appearances & 3 trips to finals
- 2003 Central Jersey Group IV State Champs Brick Memorial H.S.
- Works year round w/ local youth & high school QB's individual skills

**LIMITED
ENROLLMENT
SIGN UP NOW!**

ACADEMY STAFF: College players & current & former high school coaches

8 WEEK SKILLS TRAINING CAMP • SIGN UP TODAY!

Tuesdays • 3/19, 3/26, 4/2, 4/9, 4/16, 4/23, 4/30, 5/7

\$272
PER PLAYER

HIGHLIGHTS:

- Players **MUST** have at least 1 season of football experience
- Academy run on our beautiful indoor climate controlled turf field
- Players must wear athletic attire, cleats preferred, or sneakers
- Based on grade entering in 2024/2025 school year- NO Exceptions.

All campers (QB & Receivers) MUST bring their own size appropriate ball with name on it.

YOUTH QUARTERBACK & RECEIVER CAMP

- Learn, practice, develop fundamentals & skills by repetition & drills
- This camp is open to quarterbacks & receivers **DO NOT** need to register as a pair.

We will be accepting the 1st 16 quarterbacks & 1st 16 receivers that register.

Age: Players entering 6th-8th grade in Sept. 2024

Time: 5:15pm-6:30pm

HIGH SCHOOL QB / RECEIVER BUDDY CAMP

Only Accepting 16 pairs.

MUST register as a pair for Buddy Camp

- QB & Receivers learn, practice, develop fundamentals & skills both individually and together
- Designed to build a sense of chemistry as teammates
- Only registered players can attend the camp. You cannot come as a substitute.

Age: Players entering 9th-12th grade in Sept. 2024

Time: 6:30pm-7:45pm

FLAG FOOTBALL LEAGUES

MENS **6V6** FLAG FOOTBALL LEAGUE

- **FREE Shirt for all players** MUST wear to all games
- League plays in the bubble
- Guaranteed 9 scheduled games
- 47 minute games (two 22 minute halves)
- 6v6 league plays with 1 eligible lineman
- Traditional flag football setup focuses more on skill positions

LEAGUE DIRECTOR: CONNOR HEIL heil@goodsportsusa.com

1ST PLACE: Championship shirts & \$200 credit towards next season

2ND PLACE: \$100 credit towards next season

Winter Starts November 27th

Spring Early March (*Spring Fee T.B.D.)

Day Mondays with overflow Sunday evenings

Time Games between 6:30pm-11:30pm

\$1395
TEAM FEE
+\$30 REF FEES PER TEAM PER GAME



TO REGISTER A TEAM: A \$100 NON-REFUNDABLE deposit & completed "team registration" MUST be submitted.
NO VERBAL REGISTRATIONS! All league fees MUST be paid in full by the 2nd game.

YOUTH FLAG FOOTBALL LEAGUE

\$195

PER PLAYER

+\$30 REF FEES

PER TEAM PER GAME
DIVIDED BETWEEN
PLAYERS ON TEAM

ACCEPTING TEAMS ONLY!

Individuals with no team can join our free agent list. If teams are in need of additional players, league director will contact players on the list. No payment required to join the waitlist.

• No equipment needed

• **FREE shirt for all players**

• Fun, safe, professionally organized league

• Guaranteed 8 games

• 40 minute games (two 20 minute halves)

• Teams MUST supply coaches. Max 3 coaches per team

• **Teams must have a minimum of 10 players / maximum of 14 players**

• If there are enough teams, divisions will be formed based on team level.

• Awards for championship teams

Date: Starts December 8th/9th

Age Year/Month as of 12/1/23 - Players are eligible to play up a grade

3RD/4TH GRADE & 5TH/6TH GRADE

(8 yrs to 10 yrs/6m) (10 yrs/7m to 12 yrs/6m)

Saturday games between 11:00am-9:30pm with overflow Friday nights

7TH/8TH GRADE

(12 yrs/7m to 14 yrs/6m)

Friday night games between 6:00pm-9:30pm with overflow Saturdays

TEAMS CANNOT ARRIVE EARLIER THAN 15 MINUTES BEFORE GAME TIME.

DUE TO PARKING ISSUES AND FACILITY CAPACITY, ONLY 2 SPECTATORS PER PLAYER WILL BE PERMITTED.

**LIMITED
SPOTS!**



ALL PLAYERS MUST BE PAID IN FULL BY DECEMBER 1ST.

TEAMS WILL NOT BE PUT ON THE SCHEDULE WITHOUT FULL PAYMENT FROM ALL ROSTERED PLAYERS.

**ALL LEAGUE RULES ARE POSTED ON WEBSITE. WE RESERVE
THE RIGHT TO ADJUST ANY AGE GROUP, START DATE OR TIME.**



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Allaire Country Day Summer Camp



What sets us apart from other camps?

We have 11 acres of indoor and outdoor space to ensure your child has the best summer yet!

Facility Highlights & Activities Include:

- Heated Outdoor Olympic Size Pool
- Kiddie Pool & Splash Park
- Playground
- Gaga Ball Pit (2)
- Boardwalk Court
- Basketball Court
- Wiffle Ball/Kickball Stadium

- Low Camper to Staff Ratio
- Daily Arts & Crafts
- Daily Theme Activities
- On-Site Electives
- Off-Site Trips
- Option to Buy Lunch/Snacks
- 3 Indoor Turf Fields for Unlimited Sports/Games
- 3 Air-Conditioned Party Rooms
- Air-Conditioned Classrooms

**LIMITED
ENROLLMENT**
Register Early!

To Hot Out on Rainy Weather?

We have 80,000 square feet of indoor, air-conditioned space!

Have a Crazy Work Schedule?

We offer flexible scheduling allowing you to pick the schedule you need!
Must register for a minimum of 18 days.

Do Not Want to Pay Up Front?

Our bi-weekly billing allows you to easily make payments.

Who Is Watching Your Kids?

Our qualified staff is hand selected consisting of teachers, college, and high school students who have an interest in working with children! Our low camper to staff ratio beats other local camps!

Is Safety A Concern? What If My Child Gets Sick?

Background checks are conducted on all employees and all of our staff takes part in a first aid class. We also have a full time registered EMT on-site all summer!

Want Your Child to Have The Best Summer Yet?

Allaire Country Day Camp is the place to be!! Visit our website for testimonials!

REGISTER TODAY FOR THE BEST 2024 CAMP RATES!



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www.allairecountryday.com



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