



**SECOND ANNUAL
MONMOUTH / OCEAN YOUTH FOOTBALL CAMP**

At GoodSports, Wall, NJ 07719

“Where everyone’s a Winner”

Saturday July 11, 2009 8:30 AM to 2:30 PM

\$75.00 Per Camper



Director: Fred Sprengel, Former Head Coach Brick Memorial HS

21 years coaching experience at both the high school and collegiate levels. High School Head Coach for 11 years, state playoffs six times, coached all-conference, all-county, all-shore and all-state players. 2003 Central Jersey Group IV State Champions.

Staff will Include:

Local High School and College Coaches and Collegiate Players from the Region.

- A non-contact Football Camp for boys entering 3rd through 8th grade regardless of experience.
- Skills taught in the areas of offensive line, defensive line, quarterback, running back, wide receiver, linebacker and defensive back.
- Basic Fundamentals and Technique, Footwork, Drills will be taught.
- YOUTH COACHES MAY ATTEND and observe the instruction up close.
- CAMPERS should wear: Shorts, and T – Shirt, and bring **Sneakers and Cleats**
- **A PLAIN WHITE T-SHIRT With player’s last name written on it (Front and Back) in INK.**
- A bag lunch or \$\$\$ for (Food, water and Sports Drinks that will be available at reasonable prices from the GoodSports snack stand.
- WATER will be available and provided throughout the camp.

For more information please contact Coach Sprengel – fm4s@yahoo.com or GoodSports at 732-681-8813